

How to Make a Novena to *Saint Ann*

The term “novena” applies to nine days of private or public devotion during which one seeks a special grace from God or favor from the angels and saints. Novena prayers are often prayed prior to a particular event or feast day. We read in the Acts of the Apostles (Acts 1:13) how Mary, the Mother of Jesus, the apostles and other men and women prayed together for nine days, preparing themselves for the coming of the Holy Spirit on Pentecost.

Praying to St. Ann for guidance has long been a pious custom within the Church. Through our devotion to Saint Ann, we acknowledge her greatness and womanly influence before the Divine Mercy of God. There is no one or set of prayers that must be said while making a novena. The following are offered as a humble resource prepared her honor and for the glory of God!

Novena Prayers

Prayer to Saint Ann

Leader: Glorious Saint Ann, we rejoice at the favors which God, in His infinite goodness, has bestowed upon you. God selected you to be the mother of Mary, who brought into our world the Savior of all humankind. God has endowed you with the special grace of assisting those who invoke you in their troubles and needs, both spiritual and temporal.

Relying on your powerful intercession, we come to you and place ourselves under your motherly care. Receive us as your children. Refuse not to hear us but show us your never-failing goodness. Dear Mother, plead on our behalf. Be our advocate before the infinite Mercy of God. Assist us to ask for forgiveness and for the grace of a sincere, humble, and lasting repentance.

Saint Ann, we also ask for the grace of a true and lasting devotion to your daughter, the Blessed Virgin Mary, that we may ever seek Christ with pure and humble hearts. Strengthen us against temptation. Deliver us from all evil. Console us in our afflictions. Assist us in our needs. Help us to lead holy lives, die a happy death, and obtain eternal happiness.

All: Amen

Prayer to Obtain a Special Favor

Blessed Saint Ann/filled with compassion for those who invoke you/with love for those who suffer/heavily laden with the weight of my troubles/I place myself in your presence/and ask you to take my present need/under your special protection.

Pause – *Silently voice your prayer request.*

Present my request to your daughter/and place it before Jesus. Continue to intercede for me/and for my needs. Obtain for me the grace of one day/seeing my God face to face/and with you, Mary and all the saints/praising God for all eternity.

Leader: Good Saint Ann, mother of her who is our life, our sweetness, and our hope.

All: Pray to her for me and obtain my request.

Our Father...

Hail Mary...

Glory Be...

First Day of the Novena *for Creation*

Let us begin, In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Blessed Saint Ann/in your honor we begin the first day of our Novena. We are mindful of your goodness and love for all God's people. We are also aware of the importance of new beginnings. The Book of Genesis reminds us/that God is a God of creation/who created and continues to make all things new, beautiful, and good. Blessed Saint Ann/enable us to be good stewards of God's creation.

Leader: Good Saint Ann, mother of her who is our life, our sweetness, and our hope.

All: Pray to her for me and obtain my request.

Our Father...

Hail Mary...

Glory Be...

Second Day of the Novena *for Vocations/Leaders*

Blessed Saint Ann/today we recommend to your maternal care/ a generous response to vocations.

O God, Father of all Mercies/ Provider of a bountiful Harvest/ send Your Graces upon those You have called to gather the fruits of Your labor/preserve and strengthen them in their lifelong service of you.

Open the hearts of Your children/ that they may discern Your Holy Will/ inspire in them a love and desire to surrender themselves/ to serving others in the name of Your Son, Jesus Christ.

Guided by Your Divine Word and Truth/Teach all Your faithful to follow their respective paths in life.

Bless the Church of St. Ann by raising up dedicated and generous leaders/who will serve your people as Sisters, Priests, Brothers, Deacons and Lay Ministers.

Leader: Good Saint Ann, mother of her who is our life, our sweetness, and our hope.

All: Pray to her for me and obtain my request.

Our Father...
Hail Mary...
Glory Be...

Third Day of the Novena *for Our Elderly*

Blessed Saint Ann/beloved grandmother of Jesus/we turn to you to ask your intercession. Watch over the elderly members of our community. Provide comfort and safety to all grandparents. Intercede for those struggling with daily challenges and physical limitations.

Through your intercession/obtain for them the gift of patience. Strengthen them in their weakness. Be a companion to them in their loneliness/and send them joy when darkness and depression draws near.

Help all those who are suffering in body, mind, or spirit. Help them prepare for their final journey by uniting themselves with the memory of Your Passion. Console them, ease their pain and strengthen their hope in everlasting life with you.

Leader: Good Saint Ann, mother of her who is our life, our sweetness, and our hope.

All: Pray to her for me and obtain my request.

Our Father...

Hail Mary...

Glory Be...

Fourth Day of the Novena *for Our Children*

Blessed Saint Ann/in confidence we come before you /aware of the role you played in the design of the Holy Family. As parents of Mary and grandparents of Jesus/you and your husband Joachim valued and lived joyful and caring lives. Family life is a gift/one of true value.

Today, family life is threatened in every society. The negative messages of media seek to harm God's precious little ones.

With you, Blessed Saint Ann/ we thank God for our children. Protect them as they grow/ instill into their hearts a deep love for God/ and for one another. Foster in them/ a true and lasting relationship with their Guardian angels.

We pray for all Christian families/ to foster an environment of faith, love, and healing.

Leader: Good Saint Ann, mother of her who is our life, our sweetness, and our hope.

All: Pray to her for me and obtain my request.

Our Father...

Hail Mary...

Glory Be...

Fifth Day of the Novena *for Christian Unity*

Blessed Saint Ann/how far Christians are from being united. Christ prayed /Father, that all may be one. (Jn. 17:22) Yet we remain a Christian Church broken and divided.

Blessed Saint Ann/through your intercession/ we pray as one, that we may be one. Grant to us a new Spirit of love and solidarity/ that we may proclaim the good news of Christ's love and Mercy to all.

Leader: Good Saint Ann, mother of her who is our life, our sweetness, and our hope.

All: Pray to her for me and obtain my request.

Our Father...

Hail Mary...

Glory Be...

Sixth Day of the Novena ***for those with Depression and Anxiety***

Blessed Saint Ann/we ask you to intercede on behalf of those suffering from depression, anxiety, and mental illness. Help them to understand their infinite value/ and to experience Christ's love and Mercy in their daily lives.

As Jesus, so long ago, calmed the stormy waters on the Sea of Galilee (lk:8:23-25) so too/through your intercession/may He calm the minds and hearts of those suffering from mental illness. Through your motherly protection help them experience the gently touch of Christ's healing love.

Assist all caregivers/ Allow the Holy Spirit to move through them/ and in the lives of those they touch. Grant them wisdom/ and a desire to serve joyfully.

Leader: Good Saint Ann, mother of her who is our life, our sweetness, and our hope.

All: Pray to her for me and obtain my request.

Our Father...

Hail Mary...

Glory Be...

Seventh Day of the Novena *for those Suffering Physical Pain*

Blessed Saint Ann/helper of the infirmed/comforter of those who suffer from illness/disease/and chronic pain. Turn your healing gaze upon them. Ease their suffering/and assist them in uniting their pain/to Christ's redemptive suffering. Obtain for them the grace of patience, gratitude, and joy. May they experience the presence of Christ in their daily lives.

Bless all medical professionals and those who care for the sick. May they come to understand the value of their dedication. We also pray for those who are alone/ and have no one to visit with them. Enlighten our hearts to the needs of others/and give us to the courage to reach out with love.

Saint Ann/obtain the grace of healing those who are homebound, sick, or in need of prayers, especially our Saint Ann parish members.

Leader: Good Saint Ann, mother of her who is our life, our sweetness, and our hope.

All: Pray to her for me and obtain my request.

Our Father...

Hail Mary...

Glory Be...

Eighth Day of the Novena *for the Gift of Reconciliation*

Blessed Saint Ann/whose name signifies grace and mercy/ we come before you eager to receive the grace of reconciliation/and the gift of forgiveness.

Aware of our sinfulness/and mindful of your compassionate heart/we turn our lives back to Jesus.

Saint Ann while your grandson, Jesus, hung upon the cross/ He cried aloud/ Father, forgive them, they know not what they do. (Lk 23:34) Inspire us to seek forgiveness from those we have hurt. Help us to forgive those who have harmed us. Purify our hearts/that we may be reconciled with our brothers and sisters/wishing them good and not evil. Help and help us to love one another, as Jesus loves.

Leader: Good Saint Ann, mother of her who is our life, our sweetness, and our hope.

All: Pray to her for me and obtain my request.

Our Father...

Hail Mary...

Glory Be...

Ninth Day of the Novena *for Our Sanctification*

Blessed Saint Ann/we choose you today as our spiritual mother and guide. We desire to dedicate ourselves to your loving and maternal care. We promise to always honor and serve Jesus.

Saint Ann/ adopt us as your children. Assist us in our spiritual and physical needs. Obtain for us the grace to live holy lives. Being faithful to the vocation to which we have been called/ may we always be ready to listen to the gentle voice of God/and know that Christ dwells within all of us.

In the words of the Prophet Micah/may we do what the Lord requires of us. To act justly/to love tenderly/ and to walk humbly with God. (Micah 6:8)

Then, Blessed St. Ann/at the time of death be with us/and prepare us for that last hour. We pray that with God's grace/we may embrace the fidelity of God's Love and Mercy forever.

Leader: Good Saint Ann, mother of her who is our life, our sweetness, and our hope.

All: Pray to her for me and obtain my request.

Our Father...

Hail Mary...

Glory Be

Litany in Honor of Saint Ann

Lord, have mercy on us...**Lord, have mercy on us.**

Christ hear us...**Christ, graciously hear us.**

God the Father of Heaven...**have mercy on us.**

God the Son, Redeemer of the world...**have mercy on us.**

God the Holy Spirit...**have mercy on us.**

Holy Trinity, One God...**have mercy on us.**

Saint Ann, mother of Mary, the Immaculate Mother of God...**pray for us.**

Saint Ann, spouse of Saint Joachim...**pray for us.**

Saint Ann, grandmother of Christ...

Saint Ann, joy of Angels...

Saint Ann, model of mercy...

Saint Ann model of womanhood...

Saint Ann, guardian of creation...

Saint Ann, example of mothers...

Saint Ann, support of the family...

Saint Ann, comfort of the sick...

Saint Ann, provider of the poor...

Saint Ann, consolation of widows...

Saint Ann consolation of the afflicted...

Saint Ann, inspiration of the elderly...

Saint Ann, inspiration for unity...

Saint Ann, inspiration for vocations...

Sain Ann, helper of all who call on you...

Litany in Honor of Saint Ann

(continued)

Our Father...Hail Mary...Glory be...

Leader: God so loves Saint Ann

All: and delights in her beauty.

Leader: Let us pray:

Almighty and Eternal God, You chose Saint Ann to be the Grandmother of Jesus. May she obtain for us, fidelity to prayer and the grace to lovingly serve and care for our brothers and sisters in need. We ask this in faith and in Your Holy **Name we pray.**

All: Amen.

Additional Prayers to Saint Ann

Daily Prayer to Saint Ann

With deep love we come before you, Saint Ann. You were blessed by God and called to be the mother of Mary whom Scripture honors, through the Angel's greeting, Blessed among all Women. Compassionate Mother, enable us to be counted among your faithful followers. Open our eyes to our sinfulness and help us to have sincere and repentant hearts.

Grant us a lasting affection for Jesus and help us to be faithful in living out the Christian vocation, to which we have been called in Baptism.

Strengthen us during the dangers of life and stay with us at the time of our death. May we then be united with you, proclaiming that Jesus Christ is Lord!

Our Father.... Hail Mary.... Glory Be....

**We honor Jesus, Mary, Ann, and Joachim.
Blessed Saint Ann, pray for us!**

Prayer to Jesus' Grandparents *Saints Joachim and Ann*

Saint Joachim and Ann, loving parents of Mary and grandparents of Jesus, we seek your intercession. Direct our prayers and works to the greater honor and glory of God and the salvation of all people.

Strengthen us when we are tempted.
Console us during times of hardship.
Help us when we are in need.
Journey with us during life, and please stay with us at the time of our death.

Saint Joachim and Ann, intercede for us in our needs, and for the intentions of this Novena. (*Pause to mention intention.*) As models of living well, enable us to live our lives with faith, patience, and fidelity to God's Will. Grant us the grace to serve God well.

O Divine Savior, we thank you for having chosen Saint Joachim and Ann to support You, Mary and Joseph. Grant us the grace to imitate them in what we say and do. We ask this in faith, trusting in Your Divine Mercy. We place our children, grandchildren, and ourselves under their loving protection. Enable us to grow in our love for God, neighbor, and self. Amen.

Prayers to Saint Ann

O Good Saint Ann, I come to you with confidence, since you are the mother of Mary and the grandmother of Jesus. You are powerful and kind. You are close to me and to all of us. You help all those who pray to you. Your sole desire is to lead us to Jesus, to obtain from Him all the graces we need to follow Him with joy and peace.

I entrust to your care all my intentions, all my needs. Help me open my heart to the graces of the Holy Spirit. Protect the Church, our parishes, and our Church leaders. Take care of our families and those who are sick. We commend to you all those who are dear to us, especially our children and grandchildren.

O Good Saint Ann, through your intercession help us bear witness to Jesus by our Christian life. May we proclaim His message of mercy, love, and hope. Amen.

Prayer to Saint Ann for A Happy Death

Blessed Saint Ann, comfort the afflicted and refuge of the dying, I choose you, with Saints Joachim and Joseph to be my special patroness at the hour of my death.

Please receive me as your child.

Assist me to grow in holiness.

Be with me when my earthly journey ends.

Help me to die in the friendship of God.

Welcome me into your heavenly home, where every tear is wiped away and all sadness gone.

Trusting in the Divine Mercy of God/I ask this in faith.

Amen.

Blessed olive oil may be used by the faithful to bless themselves or someone they have dominion over (parents over children, husbands over wives). Blessed olive oil may be used in cooking. Lay people should not bless other lay people since they do not have authority over them. For more information on using Blessed Oils-
<https://www.catholicsacramentals.org/blessed-oil>

Prayers of Petition

My Jesus of Mercy...pray for us.

Jesus, meek and humble of heart, make our hearts like Your heart.

O Mary, conceived without sin, pray for us who have recourse to thee.

Mother of love, of sorrow, and of mercy...pray for us.

Good Saint Ann, and Saint Joachim, grandparents of Jesus, pray for us and for our children.

Good Saint Ann, please help me to remember God's Mercy and His love for me, and help me to pray, "Jesus I trust in You," every single day. St. Ann, please pray that God alone will be my ultimate source of hope, support, and comfort.

Saint Ann Feast Day - July 26th

Tradition holds that St. Anne, or Ann, is the mother of the Virgin Mary, the mother of Jesus. From the early Christian centuries non-biblical books acknowledge Mary's parents as Joachim and Anne. Joachim and Anne were childless for many years of their marriage. The angel Gabriel appeared to them separately and declared that they would in fact bear a child who must be dedicated to God. Anne became the mother of the Blessed Virgin Mary.

Made universal by Pope Gregory XIII, the church celebrates her feast day along with Joachim, on July 26th. St. Anne, Hebrew for Hannah, meaning "grace", became the patron saint of unmarried women, housewives, women in labor, grandmothers, and childless couples.

As the woman chosen by God to be the Mother of His Son, the Virgin Mary is known around the world as a good, holy, and exceptional woman. Certainly, as the mother of the Virgin Mary and the grandmother of Jesus Christ, St. Anne was a woman of great virtue, faith, and trust. Joachim and Anne have been honored throughout the ages for their dedication to raising their daughter, Mary, to be a woman fully devoted to God.